

### Need Spiritual Support?

Visit Micah Street Church on Sunday morning to find community and spirituality. We meet Sundays at 10:30 AM at 1915 Charles St.

**Need Solutions?** Our Journey volunteers can connect you with health resources, prescriptions, SNAP applications, relocation and other needs.

**Need Treatment?** Ask to see our outreach worker for help with connecting to mental health or substance abuse services, or call 540-538-7880.

### Need Shelter Options?

**Call 540-358-5801** for the Homeless Help Line. Call **540-899-9853**, ext. **1**, to find out if you're eligible for The Brisben Center's shelter program.



Micah runs an **overnight winter shelter** when temperatures are freezing, during the winter months. The bus to the shelter runs from community dinner nightly.

**Need Other Assistance?** Different agencies visit the Hospitality Center to provide help. Visit us for details!

### Hospitality Center Hours

Mon, Tues, Wed & Fri: 10 am - 2 pm  
Thursdays: *appointment only*



#### Do you need...

Showers  
Clothing  
Resources  
Bagged lunches  
A mailing address  
People to help you

**Just walk in. We can help!**



Come to our  
Hospitality Center  
so we can help you.



#### Downtown Fredericksburg:

1013 Princess Anne St  
Fredericksburg, VA 22401  
540-479-4116

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[micahfredericksburg.org](http://micahfredericksburg.org)

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# COMMUNITY MEALS

Dinner served 5:00 - 6:00 PM  
on weeknights.

Weekend meal times are  
different.  
See the schedule!

Sundays	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
Breakfast: 9:30 - 10:30 <b>Street Church @ Common Ground Meeting House</b> (1915 Charles St) <hr/> Lunch: 1:00 - 3:30 <b>Mars Hill</b> (Across from 1013 Princess Anne St.) <i>**usually take-out only</i>	<b>St George's Episcopal Church</b> (905 Princess Anne St)  <i>Enter from George St. side door</i>	1st, 3rd, & 4th Tuesdays: <b>Common Ground Meeting House</b> (1915 Charles St.) <hr/> 2nd & 5th Tues: <b>Masonic Lodge</b> (803 Princess Anne St)	Breakfast: 7:30 - 8:30 <b>Shiloh Baptist - Old Site</b> (801 Sophia Street) <hr/> dinner: <b>Christ Lutheran Church</b> (1300 Augustine Avenue)	<b>FXBG Baptist Church</b> (1016 Caroline St.)  <i>Enter from Caroline Street entrance</i>	<b>Shiloh Baptist - New Site</b> (515 Princess Anne St.)	Dinner at 4-5:30 PM on Saturdays** <hr/> 1st, 3rd, and 5th Sat: <b>Presbyterian Church</b> (810 Princess Anne St) <hr/> 2nd and 4th Sat: <b>FXBG UMC</b> (308 Hanover St.)

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